



Academies and Sports Camps

SUMMER 2024



Designed for children entering 2nd - 8th grade. Complete descriptions @ www.campus-camps.com



Cheer/Dance
July 8 - July 12



Flag Football
July 8 - July 12



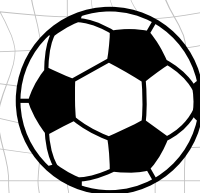
Cooking
July 22 - July 26



Basketball
July 22 - July 26



Performing Arts
August 5 - August 9



Soccer
August 5 - August 9



Photography
August 12 - August 16



Lacrosse
August 12 - August 16



Scan for more info



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500 Montauk Hwy, Oakdale, NY 11769

Week 2 (July 8 - July 12)

● **Cheer/Dance**

At our Cheer/Dance Camp campers learn about teamwork, commitment, responsibility and especially camaraderie. Cheer camp is a perfect opportunity to bond with your group, learn from each other, and make new friends. The first half of the day will be spent learning cheerleading motions, cheerleading jumps, cheer and dance routines, tumbling, and having an amazing time with the group. The second half of the day will follow a traditional day camp schedule of fun activities with children their age.

● **Flag Football**

With its ever growing popularity, Flag Football has now become an officially recognized high school sport. Here at Campus Camps our experienced coaching staff will be offering an opportunity and atmosphere for all campers ages 5-15 to explore the world of Flag Football allowing participation in football without contact. The first half of the day campers will learn proper warm-up techniques, be introduced to strategic play calling, learn offensive and defensive skills, leverage and refine existing skills and participate in both offense and defense developing team-building, athletic and independent skill sets. The second half of the day will follow a traditional day camp schedule with fun activities with children their age.

Week 4 (July 22 - July 26)

● **Cooking**

What's for Breakfast? When is Lunch? Can I have a snack? I'm hungry! These are all phrases that we hear every day. This cooking academy will give each camper an introduction to some great recipes that can be made at home for breakfast, lunch, snacks and dessert. Campers will learn the skills needed to make some delicious treats that the whole family will love. This is a hands-on academy where the campers will be cooking, baking, measuring, prepping and plating all of their creations.

● **Basketball**

Learn from expert coaches and improve your game at our popular Basketball camp. Campers will spend the first half of their day fully immersed in the program, strengthening their understanding of the game, building relationships within the team, challenging themselves, and developing their basketball skills. The second half of the day will follow a traditional day camp schedule with fun activities with children their age.

Week 6 (August 5 - August 9)

● **Performing Arts**

The class curriculum is designed to give students an overall education in all aspects of theatre, including speech and diction exercises, dance, improvisation, monologues, audition techniques, scene study and voice. No experience necessary for this fun and enriching experience.

● **Soccer**

Our soccer camp has something for everyone and will improve your abilities no matter what your skill level is. The first half of the day is spent receiving specialized instruction from an experienced coach. Exciting drills and gameplay techniques will challenge participants and improve abilities all while making friends and great memories. The second half of the day will follow a traditional day camp schedule with fun activities with children their age.

Week 7 (August 12 - August 16)

● **Photography**

Under the guidance of a trained photographer, campers will spend the first half of their day exploring the amazing world around them through the lens of a camera. This hands-on academy will offer an opportunity to learn about how cameras work, care and maintenance, and how to use the camera to take a perfect photo. Campers will also be introduced to digital photo editing and will create their own individual slideshow portfolio that will showcase their new found skills and hard work. The second half of the day will follow a traditional day camp schedule that includes fun activities with children their age.

● **Lacrosse**

Our lacrosse academy provides structured training that will lead to successful team players on and off the field. The first half of the day will involve group training sessions that focus on technical skills training as well as exposure to innovative game-play strategies. Campers will also be introduced to cognitive and team building exercises to further enhance development. The second half of the day will follow a traditional camp schedule with fun activities with children their age.